

## CLAIMS

We claim:

1. A method of inhibiting cytochrome P450 enzymes selected from the group consisting of CYP1A2, CYP2A6 and CYP3A4, comprising the step of  
5 administering an effective inhibition amount of AHT-323A botanical extract to a patient.
2. The method of claim 1, wherein the *in vitro* IC<sub>50</sub> value of said AHT-323A botanical extract on said cytochrome P450 enzyme CYP1A2 is about 0.176 mg/ml.
3. The method of claim 1, wherein the *in vitro* IC<sub>50</sub> value of said AHT-323A botanical extract on said cytochrome P450 enzyme CYP2A6 is about 0.741 mg/ml.
- 10 4. The method of claim 1, wherein the *in vitro* IC<sub>50</sub> value of said AHT-323A botanical extract on cytochrome P450 enzyme CYP3A4 is about 0.0366 mg/ml.